

Night Hike: Lake Trail

Saturday July 7th at 7pm

Enjoy a peaceful walk through the Lake Trail. We will visit the shore of Couchville Lake and try to spot some wildlife. We will be looking for night insects towards the end of our trip, so come prepared to see some 6-legged friends! Meet in Area 1 to receive a parking tag. Open to all ages 6 and above.

Junior Ranger Wildlife Program: Birds

Wednesday July 11th at 3pm

Have you ever wondered what it feels like to be a migrating bird? Join us as we experience the many challenges that our feathered friends face while traveling through our great state. Meet in Area 1.

Feeder Frenzy: Landscaping for Wildlife

Thursday July 12th at 2pm

There are many ways to express a love for both wildlife and gardening. Come learn about some beneficial species of plants to have in your yard that can encourage birds to pay a visit. Meet in the park office in Area 1.

Driftwood Walking Sticks

Thursday July 12th at 5pm

Come learn a valuable new pastime of fashioning walking sticks out of driftwood. We will take a short walk to look for suitable materials. Then, we will discuss different ways of decoration and carving. Meet at the boathouse in Area 2.

Afternoon Hike: Day Loop Trail

Friday July 13th at 5:30pm

Enjoy a medium-level hike on a Friday afternoon. We will get to walk across some bluffs and get a great view of different types of habitat here at Long Hunter. **Experienced hikers only.** Please bring a light daypack and come prepared for a couple hours of fun!

Junior Ranger: Edible Campfire

Saturday July 14th at 6pm

Learn how to build an edible campfire out of healthy snacks and get a demonstration of how to build a real campfire. We'll discuss fire building and safety tips. Meet in Area 1.

Mammals of Tennessee Identification

Sunday July 15th at 10am

Ever wonder how some people are able to tell the diff-

ent species of mammals apart? Come learn distinguishing characteristics of many of our mammals and get close up and personal with some skins and skulls in the park's collection. Meet at the park office in Area 1.

Mountain Bike Trail Hike

Sunday July 15th at 4pm

Long Hunter's only bike accessible trail is also a great trail for hikers. It offers a wide variety of habitats and some exceptional views of Percy Priest Lake. This trail is 4 miles long so pack water, sunscreen, and bug spray. Meet at Jones Mill Mtn. Bike Trail parking lot on Barnett Rd. Please call the park office for directions at (615) 885-2422.

Water Bath Canning Class

Wednesday July 18th at 7:30pm

Canning is an art of food preservation that was common place to many of the families here in Middle Tennessee, but it is being lost as more families move off the farm. Come learn some tricks of this timely tradition. Call (615) 885-2422 to register. Ages 10 and up.

Explore the Sellars Farm

Thursday July 19th at 10am

Take a walk back in time at the Sellars Farm Archaeological Site. Mississippian period Native American culture will be discussed. Ages 6 and above. Meet at the Sellars Farm site. Please call the park office for directions at (615) 885-2422.

Evening Canoe Float

Thursday July 19th at 6:30pm

Spend a Thursday evening enjoying the beauty and serenity of Couchville Lake. Meet at the boat house in Area 2. Reservations begin July 12th. Ages 6 and above.

Landscaping with Native Plants

Friday July 20th at 3pm

There are many beautiful native plants that cannot only be aesthetically pleasing but can also provide food and shelter for wildlife. See some of these dual purpose plants to get your ideas started for next year's garden. Meet in Area 1 in front of the park office.

Night Hike: Deer Trail

Friday July 20th at 7:30pm

Enjoy a peaceful walk through the Deer trail. We will visit the shore of Percy Priest Lake and try to spot some wildlife. Meet in Area 1. Be sure to wear bug spray.

Junior Ranger Wildlife Program: Tracks Scavenger Hunt

Saturday July 21st at 3pm

Enjoy a fun game where we will learn to identify some of the more common animal tracks here at the park, and then go on a short hike to see what we can find. Meet at the Inland Trail in Area 4.

Bird Watch Walk

Sunday July 22nd at 7am

Start your week off with a short walk on the Tyler Sykes trail to enjoy the park's signature cedar glade habitat and watch for birds. Feel free to bring binoculars and cameras! Meet at the trailhead on South Mount Juliet Rd. Call the park office at (615) 885-2422 for directions.

Heirloom Vegetable Varieties

Sunday July 22nd at 3pm

The vegetables of today are more different compared to the vegetables of the past than many of us realize. Come see and sample some of this special produce and learn why there are red and white swirled lima beans and over 20 varieties of corn! Meet in the park office in Area 1.

Junior Ranger Canoe Float

Wednesday July 25th at 3pm

See description from July 19th. Ages 6 and above. Reservations begin July 18th. All children must be accompanied by an adult.

Backpacking Gear

Wednesday July 25th at 6pm

Join Kathryn and Ranger Jeff for a talk on some different kinds of available gear. There will be some examples provided, but please come with suggestions and questions. Meet in the park office in Area 1.

Evening Arboretum Tour

Thursday July 26th at 5:30pm

Spend your evening strolling through the Couchville Lake Arboretum and discover many of the trees found here at Long Hunter. Learn some uses and benefits of trees as well as how to identify them by their leaves, bark, and fruit. Meet in Area 2 in front of the boat ramp.

Tiger Tots

Friday July 27th at 10am

Bring your little ones to learn about different mammals that live on the park. There will be a hands-on activity and possibly examples of live mammals. Ages 2 to 5. All children must be accompanied by an adult. Call (615) 885-2422 to register.

Domestication of Livestock

Friday July 27th at 4pm

Have you ever wondered why we eat certain animals but not others? What makes a species a good candidate for domestication? Is a deer really that different from a cow? Come learn about the big livestock animals of today and how they got there.

Insect Collection and Preservation 101

Saturday July 28th at 9am

Do insects fascinate you? Are you looking for a new hobby? Join Ranger Kathryn as she demonstrates methods of insect collection and preservation. Meet in the park office in Area 1. Come prepared to try to catch some insects for observation.

Edible Plant Walk

Saturday July 28th at 1pm

Join Kathryn and Ranger Tyler to learn a few of the uses of many wild plants found at Long Hunter. We will also discuss foraging and survival foods. Meet at the park office in Area 1.

Aquatic Invertebrates

Sunday July 29th at 9am

Explore a marshy area around Couchville Lake in Area 2 and see some of the small aquatic life that calls it home. Meet in front of the boat house and come prepared for a short hike and a foray into the water.

Water Bath Canning Class

Sunday July 29th at 2:30pm

See description for July 18th. Call (615) 885-2422 to register.

Please Note That....

All programs leave from park office unless otherwise noted.

Programs are for all ages unless age specifications are listed.

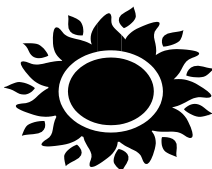
Walks and field programs are on fairly level terrain; however, please wear good walking shoes.

All programs are free to the public.

Programs will be conducted by Seasonal Ranger Kathryn.

Please contact the park office at (615) 885-2422 for additional information, directions, or to make reservations.

We look forward to seeing you at the summer programs!



Long Hunter State Park Program Schedule

~Summer 2012~

July



***Long Hunter State Park
2910 Hobson Pike
Hermitage, TN 37076
(615) 885-2422***